

GENWORTH LIFE INSURANCE COMPANY

Administrative Office: 3100 Albert Lankford Drive, Lynchburg, VA 24501

LONG TERM CARE INSURANCE POLICY

Insured(s): [JOHN A DOE]
[MARY JANE DOE]

Policy Number:[ABC123456]

DECLARATIONS

We are pleased to issue the above numbered insurance Policy, herein called the **Policy**. Keep it in a safe place, as it is a legal contract between You (the Insured(s) named above) and Us (the insurer). As You read it, be aware of the following.

You have an unconditional right to return this Policy in the first 30 days. You have 30 days from the day You receive this Policy to examine and return it to Us. You can return it for any reason. Simply return it to Us at Our Administrative Office or to the agent or office through which it was bought. This Policy will then be void from the start. We will refund the full amount paid for this Policy within 30 days of such a return.

CAUTION: The issuance of this long term care insurance Policy is based upon Your responses to the questions on Your application. A copy of Your application is enclosed. If Your answers are incorrect or untrue, We have the right to deny benefits or rescind Your Policy. The best time to clear up any questions is now, before a claim arises! If, for any reason, any of Your answers are incorrect, contact Us at this address: 3100 Albert Lankford Drive, Lynchburg, VA 24501.

This Policy is Guaranteed Renewable for Life. Subject to its terms, You can keep this Policy in force until benefits have been exhausted by paying the required premiums on time. We cannot cancel or refuse to renew this Policy. We cannot change any of its terms on Our own. However, We may increase the premiums You pay only after approval by the Connecticut Insurance Department. We will provide You with 45 days prior notice of any change in premiums. We may also change the provisions of this Policy to conform to any state or federal law or regulation that applies to this Policy only after approval by the Connecticut Insurance Department.

We have a limited right to change premiums. Premiums will not change due to a change in Your age or health. We have the right to change Your premium rates subject to the approval of the Connecticut Insurance Department. Any increase or decrease will only be made on a class basis. Premium changes will only be made as of a Policy Anniversary Date. We will give You at least 45 days written notice before We change premiums.

Signed for Genworth Life Insurance Company.

Connecticut PRIVILEGED CHOICE Policy.
For training use only. Not for public use or distribution.
Features may differ based on issue State.

Notice to Buyer: This Policy may not cover all of the costs associated with long term care which may be incurred by You during the period of coverage. You are advised to review carefully all Policy limitations.

This Policy is not a Medicare Supplement policy. If You are eligible for Medicare, review the Guide to Health Insurance for People with Medicare available from Us.

This Policy is intended to be a federally tax-qualified long term care insurance contract under Section 7702B(b) of the Internal Revenue Code of 1986, as amended.

THIS POLICY DOES NOT QUALIFY FOR MEDICAID ASSET PROTECTION.

FEDERAL TAX QUALIFICATION PROVISIONS

OUR INTENT THAT THIS BE A FEDERALLY TAX-QUALIFIED CONTRACT

This Policy is intended to be a qualified long term care insurance contract under Section 7702B(b) of the Internal Revenue Code of 1986, as amended by the Health Insurance Portability and Accountability Act of 1996 - Public Law 104-191 (herein referred to as the "Code"). We may offer You amendments at any time as necessary to meet requirements of that law, any successor law, or any applicable regulations. All such amendments and/or premium adjustments must be approved by the Connecticut Insurance Department. Upon approval, We will notify You of the availability of these new amendment(s). You will be given the opportunity to accept or reject these amendments.

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Any Riders, Endorsements, Notices and other papers	Attached/Included

Refer to the Schedule to determine the Benefits, Options, and applicable coverage details.

SCHEDULE

GENWORTH LIFE INSURANCE COMPANY

Policyholder

Mary Jane Doe
Apt #1234
123 Main Street
Anytown, US 99999

Insured(s)

Mary Jane Doe
John E. Doe

Policy Number

LTC-1234567890

Policy Effective Date

September 15, 2004

Coverage Limits and Features

Monthly Maximum [\$3,000]

Lifetime Maximum [\$144,000]

The Lifetime Maximum is exhausted only when the total of all benefits paid equals the applicable Lifetime Maximum including any Benefit Increases.

[Benefit Increases.....None]

[Benefit Increases.....5% Full Compound Inflation Protection

On each Policy Anniversary Date Your Monthly Maximum and Lifetime Maximum will each increase by 5% of the prior year's respective Monthly Maximum and Lifetime Maximum amounts. Such annual increases will be available to pay for expenses incurred on or after the date of the increases and while this Policy is in force. These increases are not reduced by benefit payments. Benefit Increases cease when the Policy terminates.]

[Benefit Increases.....5% Equal Benefit Increases

On each Policy Anniversary Date Your Monthly Maximum and Lifetime Maximum will each increase by 5% of the original respective Monthly Maximum and Lifetime Maximum amounts applicable on the Policy Effective Date. Annual increases will be available to pay for expenses incurred on or after the date of the increases and while this Policy is in force. These increases are not reduced by benefit payments. Benefit Increases cease when the Policy terminates.]

Elimination Period [0][30][90] Days of Covered Care

The Elimination Period applies only to the Nursing Home Benefit [and] the Assisted Care Facility Benefit [and the International Coverage Benefit].

Benefits and Services Provided

We Pay Up to these Limits

Privileged Care Coordination Services Not subject to Policy limits

Home Care Benefit Up to the Monthly Maximum per calendar month*

Respite Care Benefit Up to the Monthly Maximum per Policy Year

Caregiver Training Benefit Up to a lifetime maximum equal to [20%] of the Monthly Maximum

Equipment Benefit Up to a lifetime maximum equal to [2 times] the Monthly Maximum

Nursing Home Benefit Up to the Monthly Maximum per calendar month*

Assisted Care Facility Benefit Up to the Monthly Maximum per calendar month*

Bed Reservation Benefit [60] days per Policy Year*

Alternate Care Benefit Included – payment subject to mutual agreement

Waiver of Premium Benefit Included – See Benefit Provisions

Survivorship Benefit Included – See Benefit Provisions

International Coverage Benefit Up to 75% of the Monthly Maximum per calendar month*
for up to 48 calendar months but not after the Lifetime Maximum is exhausted

[Restoration of Benefits Provisions Included - See Attached Rider]

[Nonforfeiture Benefit Included - See Attached Rider]

[Enhanced Survivorship Benefit Included - See Attached Rider]

[Return of Premium Upon Death after 10 Years Included - See Attached Rider]

[Graded Return of Premium Upon Death Included - See Attached Rider]

*The maximum total amount We will pay for all expenses that are incurred during a calendar month under all of these Benefits combined is limited to [100% of] the Monthly Maximum. This applies to: the Nursing Home Benefit; the Bed Reservation Benefit; the Assisted Care Facility Benefit; the Home Care Benefit, and the International Coverage Benefit.

SCHEDULE

(Continued)

Name of Policyholder:

[Mary Jane Doe]

Policy Number:

[ABC1234567]

PREMIUM INFORMATION

RATE CLASSIFICATION: Policyholder - [Standard]/[Preferred] [with {Insured} Couple Discount]
..... [No Other Discounts]
Second Insured -.. [Standard]/[Preferred] [with {Insured} Couple Discount]
..... [No Other Discounts]

ANNUAL PREMIUMS:	Policyholder	Second Insured
Basic Policy Coverage (including any Benefit Increases).....	[\$xx.xx]	[\$xx.xx]
[Nonforfeiture Benefit Rider.....	[\$xx.xx]	[\$xx.xx]
[Restoration of Benefits Rider.....	[\$xx.xx]	[\$xx.xx]
[Enhanced Survivorship Benefit Rider.....	[\$xx.xx]	[\$xx.xx]
[Return of Premium Upon Death After 10 Years Rider.....	[\$xx.xx]	[\$xx.xx]
Individual Totals.....	[\$xx.xx]	[\$xx.xx]
Total Annual Premium.....		[\$xxx.xx]

FIRST PREMIUM	PREMIUM PAYMENT MODE	MODAL PREMIUM
[\$aaa.aa]	[Quarterly][*]	[\$bbb.bb]

Premiums shown above reflect all discounts that apply to Your coverage. See the Modal Premium Disclosure on the next page.

[*Notice – This Policy has a paid-up feature.

[This means that, if You pay all required premiums as they become due, this Policy will be paid-up and no future premium payments will be required after this Policy has been in force for a period of 10 full years. We do, however, have the right to increase premiums that become due prior to the date this Policy becomes paid-up.]

OR

[This means that, if You pay all required premiums as they become due, this Policy will be paid-up and no future premium payments will be required after the Policy Anniversary Date coinciding with or next following the date You reach 65 years of age. We do, however, have the right to increase premiums that become due prior to the date this Policy becomes paid-up.]

[If this Policy includes automatic Benefit Increases, those increases will continue beyond the paid-up date without requiring additional premium payments.]

SCHEDULE

(Continued)

MODAL PREMIUM DISCLOSURE

Premium Payment Options: You pay for Your Policy by paying the premiums due in a timely manner. You have the right to choose one of the following premium payment modes: annually in one payment, semi-annual in two payments, quarterly in four payments, or monthly in twelve payments (each individual payment being a "Modal Premium Payment"). You may pay Your premiums monthly in twelve payments only by pre-authorized electronic transfer (EFT). If You choose a payment mode other than annual, You will pay additional charges for selecting that payment mode (the "Additional Payment Charges"). The chart below compares, for the first year of a policy with a \$1,000 annual premium, the total premium payments for each payment mode and the corresponding Additional Payment Charges that You would pay during the first year.

First Year Cost Comparison of Additional Payment Charges for Alternative Premium Payment Modes				
Premium Payment Mode	Number of Premium Payments per Year	Amount of Each Modal Premium Payment during the First Year (Including Additional Payment Charges)	Total of Modal Premium Payments during First Year (Including Additional Payment Charges)	Total Additional Payment Charge during the First Year (In Dollars)
Annual	1	\$1,000.00	\$1,000.00	\$0.00
Semiannual	2	\$510.00	\$1,020.00	\$20.00
Quarterly	4	\$260.00	\$1,040.00	\$40.00
Monthly (EFT only)	12	\$90.00	\$1,080.00	\$80.00

Notice to Insured: Each Modal Premium Payment is a payment, in advance, for insurance coverage. Coverage continues until the next premium payment is due. You are under no contractual obligation to continue making premium payments. However, pursuant to the Premium Provisions of the Policy, the failure to pay a premium may result in the termination of your coverage.

Calculation of Modal Premium: The Modal Premium Payment amounts are calculated by multiplying the Annual Modal Premium by the applicable modal premium factor:

- > Annual - 1.00
- > Semiannual - .51
- > Quarterly - .26
- > Monthly (EFT only) - .09

As illustrated above, if paid on a Semiannual, Quarterly, or Monthly Premium Payment Mode, your total premiums will be higher than if you made a single payment using the Annual Premium Payment Mode.

THE POLICY TAKING EFFECT AND REMAINING IN FORCE

EFFECTIVE DATE AND CONSIDERATION

This Policy is issued based on: the statements made in its application; and payment of the First Premium shown in the Schedule. It takes effect on the Effective Date shown in the Schedule. It can be continued in force by the timely payment of premiums until it terminates.

YOUR RIGHT TO CANCEL THIS POLICY AT ANY TIME

You may cancel this Policy at any time by sending Us written notice signed by every Insured. This Policy will be cancelled as of the date We receive the cancellation notice, or any later date stated in the notice. We will refund to the Policyholder the unearned portion of any premium paid.

POLICY TERMINATION

This Policy will terminate on the earlier of:

- > The end of the period for which premium has been paid, subject to the Grace Period and Unintentional Lapse Protection provision;
- > The date benefit payments exhaust the Lifetime Maximum, as described in the Schedule;
- > The date this Policy is cancelled;
- > If there is more than one Insured, the date this Policy is converted due to divorce or final separation; or
- > The date You die, except that if there is more than one Insured, the date the last surviving Insured dies.

EXTENSION OF BENEFITS

If this Policy terminates while an Insured is confined in a Nursing Facility or Assisted Care Facility the Insured will continue to be eligible for benefits under the Nursing Facility Benefit and the Assisted Care Facility Benefit until the earlier of the following:

- > The date the Insured's continuous confinement in such facilities ceases; or
- > The date benefit payments exhaust the Lifetime Maximum; or
- > The date the Insured dies.

For the purposes of these provisions, continuous confinement will include: being transferred to another Nursing Facility or Assisted Care Facility; receiving another level of care in the same Nursing Facility or Assisted Care Facility; and transferring back to a Nursing Facility or Assisted Care Facility from a temporary or acute hospitalization.

This Extension of Benefits is subject to the Elimination Period and all other applicable provisions of this Policy.

SHARED COVERAGE PROVISIONS

Applicable when this Policy insures a couple who are named as Insureds in the Schedule.

COVERAGE PROVISIONS

When more than one person is shown as an Insured in the Schedule:

- > All references to "You" in this Policy and any attached Riders will apply equally to each Insured. We will, however, send general correspondence and billing notices to the Policyholder. In the event one Insured dies, the survivor will become the Policyholder.
- > Each Insured is covered for all of the Benefits and services of this Policy. The Lifetime Maximum will be shared and the Waiver of Premium Benefit will apply as described below. The Elimination Period and all other maximums and limits determined from the Schedule for each Benefit will apply separately to each Insured.
- > **Sharing the Lifetime Maximum:** The Lifetime Maximum will be shared and will be exhausted by the combined benefit payments made on behalf of both Insureds.
- > **Dual Waiver of Premium:** The Waiver of Premium Benefit will apply to all premiums, not just the premium attributed to the Insured who is receiving benefits for which premium waiver is provided.
- > Both Insureds must sign requests to change coverage, cancel, or convert this Policy.

CONTINUATION ON DEATH OF ONE INSURED

If one Insured dies the surviving Insured may continue this Policy. Upon receipt of due proof of death, future premiums for this Policy will be reduced to 125% of the premium applicable to the survivor's portion of the Policy premium. The Lifetime Maximum will not be affected.

LIMITED CONVERSION OPTION

When a couple's relationship terminates due to divorce or final separation, they can either: continue sharing coverage under this Policy; or request that this Policy be converted to 2 individual policies so that each Insured would be in the same position as if he or she had been issued a separate policy with the same effective date as this Policy. Conversion to individual policies is subject to the following conditions:

- > This Policy can be converted if, at the time the conversion is requested:
 - Both Insureds request the conversion in writing;
 - Neither Insured is eligible for benefit payments; and
 - No Waiver of Premium Benefit or Nonforfeiture Benefit is in effect.
- > Except as provided herein, this Policy and an Insured's converted policy will be identical to the extent that this Policy applied to the Insured. The converted policy will have the same Policy Effective Date as this Policy; and will show an original Lifetime Maximum equal to one-half the original Lifetime Maximum of this Policy.
- > One-half the total amount of all benefits paid under this Policy, and not restored by any Restoration of Benefits Rider, will be deemed to have been paid as benefits under each Insured's converted policy.
- > With each converted policy We will provide a statement of:
 - The current Lifetime Maximum (reflecting any Benefit Increases and other changes to the original Lifetime Maximum);
 - Benefit payments deemed paid under the converted policy; and
 - The amount of unused benefits available as of the date of conversion.
- > Premiums for each converted policy will be due beginning on the next premium due date for this Policy. Premiums will be based on the Insured's original issue age and original Rate Classification (as shown in the Schedule).

Except as stated above, there is no right to convert to individual policies.

GLOSSARY

Many terms used in this Policy are defined below. Additional definitions appear where they can assist You in understanding related text. For example, most Benefits have definitions for covered services and/or providers. Defined terms are highlighted in ***bold italics*** where they are defined; and have that meaning throughout the Policy.

Activities of Daily Living: The activities defined below that are measured to determine Your ability to function independently. Each of the following is an Activity of Daily Living (ADL):

- > ***Bathing:*** Washing oneself by sponge bath; or washing oneself in either a tub or shower, including the task of getting into or out of the tub or shower.
- > ***Dressing:*** Putting on and taking off all items of clothing and any necessary braces, fasteners, or artificial limbs.
- > ***Eating:*** Feeding oneself by getting food into the body from a receptacle (such as a plate, cup or table).
- > ***Continence:*** The ability to maintain control of bowel and bladder function; or, when unable to maintain control of bowel or bladder function, the ability to perform associated personal hygiene (including caring for catheter or colostomy bag).
- > ***Toileting:*** Getting to and from the toilet, getting on and off the toilet, and performing associated personal hygiene.
- > ***Transferring:*** Moving into or out of a bed, chair or wheelchair.

Covered Care: Only those Qualified Long Term Care Services for which this Policy pays benefits or would pay benefits in the absence of an Elimination Period.

Elimination Period: The number of days that You must receive Covered Care before benefits are payable under those Benefits that are subject to the Elimination Period.

The Schedule states:

- > the number of days in the Elimination Period; and
- > the Benefits to which the Elimination Period applies.

The Elimination Period can be satisfied by

- > Days for which payment would otherwise be made under those Benefits to which the Elimination Period applies;
- > Days You receive services covered under the Home Care Benefit in accordance with a Privileged Care Coordinator's Plan of Care, even though benefits are payable for such services; and
- > Days You receive Covered Care that is subject to the Elimination Period but is excluded from coverage as stated in the Non-Duplication provision on page 20

Days used to satisfy the Elimination Period do not need to be consecutive; and can be accumulated over time. Once satisfied, You will never have to satisfy a new Elimination Period for this Policy. Days You receive Covered Care that is paid by Medicare or other health insurance can be used to satisfy the Elimination Period.

Family Member: Your spouse and anyone who is related to You or Your spouse as a parent, grandparent, child, grandchild, brother, sister, aunt, uncle, first cousin, nephew or niece. This includes adopted, in-law and step-relatives.

Home: Your primary place of residence in the area You use principally for independent residential living. This could be a house, condominium, apartment, unit in a congregate care community, or similar residential environment. Your Home does not include a hospital, Nursing Facility or Assisted Care Facility.

Insured: The person or persons named as an Insured in the Schedule. The terms "You" and "Your" are also used to refer to each Insured.

Licensed Health Care Practitioner: Any of the following who is not a Family Member:

- > a physician, as defined in Section 1861(r)(1) of the Social Security Act;
- > a registered professional nurse;
- > a licensed social worker; or
- > any other individual who meets such requirements as may be prescribed by the Secretary of the Treasury.

Lifetime Maximum: This is the maximum amount of benefits the Policy will pay. The Schedule shows:

- > the amount that applies on the Policy Effective Date;
- > how it changes based on benefit payments and any Benefit Increases; and
- > how to determine when it is exhausted.

Medicaid: Any state medical assistance program under Title XIX of the Social Security Act as it is now and as it may be amended.

Medicare: The Health Insurance for the Aged Act, Title XVIII of the Social Security Amendments of 1965 as then constituted or later amended.

Nurse: Someone who is licensed as a Registered Graduate Nurse (RN), Licensed Practical Nurse (LPN), or Licensed Vocational Nurse (LVN), and is operating within the scope of that license.

Policy Anniversary Date: The first day of each Policy Year while this Policy is in force, beginning with the second Policy Year.

Policyholder: The Insured designated as such in the Schedule. The Policyholder will receive Policy correspondence and is authorized to make Policy changes when two signatures are not otherwise required.

Policy Year: Each twelve-month period beginning with the Policy Effective Date shown in the Schedule.

Qualified Long Term Care Services: Necessary diagnostic, preventative, therapeutic, curative, treatment, mitigation, and rehabilitative services, and Maintenance or Personal Care Services which:

- > Are required by a Chronically Ill Individual; and
- > Are provided pursuant to a Plan of Care prescribed by a Licensed Health Care Practitioner.

"Maintenance or Personal Care Services" as used in this definition means any care the primary purpose of which is the provision of needed assistance with any of the disabilities as a result of which the person is a Chronically Ill Individual, including protection from threats to health and safety due to Severe Cognitive Impairment.

Important Note: To be eligible for payment under this Policy, it is not sufficient for services to be Qualified Long Term Care Services. Such services must also:

- > Be care or support services for which this Policy pays benefits; and
- > Satisfy all other requirements of this Policy for Benefit eligibility and payment.

Representative: A person designated by You or by a court of law to represent You.

We, Us, and Our: Genworth Life Insurance Company. We are a stock life insurance company. Our Administrative Office for this Policy is at 3100 Albert Lankford Drive, Lynchburg, VA 24501.

You and Your: The person or persons named as an Insured or Insureds in the Schedule.

BENEFIT PROVISIONS

LIMITATIONS OR CONDITIONS ON ELIGIBILITY FOR BENEFITS

ELIGIBILITY FOR THE PAYMENT OF BENEFITS

For You to be eligible for the Benefits provided by this Policy We must have both:

- > A Current Eligibility Certification; and
- > On-going proof which demonstrates that the Covered Care You receive is needed due to Your continually being a Chronically Ill Individual.

The proof can be based on information from care providers, personal physicians and other Licensed Health Care Practitioners.

Our claims evaluation process is described in the Claims Provisions.

CONDITIONS

Benefits will be paid only as reimbursement for expenses incurred for care and services that:

- > Are Qualified Long Term Care Services; and
- > Meet the requirements for payment in accordance with the Benefits, services, and all other provisions of this Policy; and
- > Except as stated in the Extension of Benefits provision, are received while Your insurance under this Policy is in force; and
- > Are consistent with, and received pursuant to, Your Plan of Care as prescribed by a Licensed Health Care Practitioner.

An expense, fee or charge is considered to be incurred on the day on which the care, service or other item forming the basis for it is received.

Benefit payments cease when the Lifetime Maximum is exhausted and are subject to: the Elimination Period requirements; and all other limits determined from the Schedule, the specific Benefits and other provisions of this Policy.

DEFINITIONS

An *Activity of Daily Living* is one of the following: Bathing; Dressing; Eating; Contenance; Toileting; and Transferring. These terms are defined in the Glossary.

A *Chronically Ill Individual* is a person who has been certified by a Licensed Health Care Practitioner as:

- > Being unable to perform, without Substantial Assistance (either Standby Assistance or Hands-on Assistance) from another individual, at least two (2) Activities of Daily Living due to a loss of functional capacity. In addition, this loss of functional capacity must, be expected to exist for a period of at least 90 days; **or**
- > Requiring Substantial Supervision to protect the person from threats to health and safety due to Severe Cognitive Impairment.

A *Current Eligibility Certification* is a Licensed Health Care Practitioner's written certification, made within the preceding 12-month period, that You meet the above requirements for being a Chronically Ill Individual.

Substantial Assistance is Hands-on Assistance or Standby Assistance:

Hands-on Assistance is the physical assistance of another person without which You would be unable to perform the Activity of Daily Living.

Standby Assistance is the presence of another person within arm's reach of You that is necessary to prevent, by physical intervention, injury to Yourself while You are performing the Activity of Daily Living. (This includes such tasks as: being ready to catch You should You fall while getting into or out of the bathtub or shower as part of Bathing; or being ready to remove food from Your throat should You choke while Eating.)

Severe Cognitive Impairment is a loss or deterioration in intellectual capacity that: is:

- > Comparable to (and includes) Alzheimer's disease and similar forms of irreversible dementia; and
- > Measured by clinical evidence and standardized tests that reliably measure impairment in the person's: short-term or long-term memory; orientation as to people, places, or time; deductive or abstract reasoning; or judgment as it relates to safety awareness.

Substantial Supervision is continual supervision (which may include cueing by verbal prompting, gestures, or other demonstrations) by another person that is necessary to protect a person who has Severe Cognitive Impairment from threats to his or her health or safety (such as may result from wandering).

A **Plan of Care** is a written, individualized plan for care and support services for You that:

- > Has been developed as a result of an assessment and incorporates any information provided by Your personal physician; and
- > Has been prescribed by a Licensed Health Care Practitioner; and
- > Fairly, accurately and appropriately addresses Your long term care and support service needs; and
- > Specifies: the type, frequency and duration of all services required to meet those needs; the providers appropriate to furnish those services; and an estimate of the appropriate cost of such services, regardless of whether or not there is an actual charge for the service. The Plan of Care must be updated as Your needs change.

We must receive a copy of the Plan of Care upon its completion and each time it is updated. We retain the right to request periodic updates not more frequently than once every 90 days. We will make a copy of the current Plan of Care available to Your personal physician. No more than one Plan of Care may be in effect at a time.

PRIVILEGED CARE[®] COORDINATION SERVICES

This is an option You may choose to use when You become a Chronically Ill Individual.

COVERED PRIVILEGED CARE COORDINATION SERVICES

These services are intended to help identify care needs and community resources available to deliver care. We will pay for the services described below when a Privileged Care Coordinator provides them to You while Your insurance is in force under this Policy. These payments will be at Our expense; and will NOT count against any payment maximum.

When You use these services, the Privileged Care Coordinator will:

- > Meet with You in Your Home to obtain a full understanding of Your unique situation and condition. Based on that information the Privileged Care Coordinator will develop and prescribe a Plan of Care appropriate for Your needs. This may include care in Your Home and in the community.
- > Provide the initial and subsequent Current Eligibility Certifications.
- > Suggest a variety of formal and informal care and support service providers. This may include negotiating service and care provider rates for You; and identifying other financial resources available to meet the needs specified in Your Plan of Care.
- > Help in completion of claims forms required to get payment under this Policy.
- > Assist with implementing the Plan of Care by scheduling and coordinating the care and support service providers chosen by You.
- > Monitor the care and support services being received. This will include periodic re-assessments to determine revisions to Your Plan of Care warranted by changing needs.

DEFINITION

A *Privileged Care Coordinator* is a Licensed Health Care Practitioner provided by Us at no cost to You. He or she will assist You in identifying Your long term care needs and matching those needs with available care and service providers and resources. The Privileged Care Coordinator will be a professional whose duties are to: gather objective information specific to Your circumstances; use the information gathered to help develop Your Plan of Care; and identify qualified providers that can deliver the needed care and services.

Privileged Care Coordinators are familiar with the care and service providers available in Your area. Those providers vary greatly from skilled professionals to lay caregivers, based on the degree and type of assistance needed. Privileged Care Coordinators will help identify qualified caregivers that are acceptable to You and Your family. In all cases, You are responsible for choosing the actual care and service providers to be used. If for any reason You are not satisfied with a Privileged Care Coordinator or care or service provider, You can request that an alternative be identified.

ADDITIONAL FEATURE

When Home Care is provided in accordance with a Plan of Care developed by a Privileged Care Coordinator:

- > Home Care and Waiver of Premium Benefits do not have to satisfy the Elimination Period; and
- > We will count days for which Home Care Benefits are paid toward satisfying the Elimination Period.

PAYMENT LIMITATIONS

Payment for these Privileged Care Coordination Services is not subject to, and cannot be used to satisfy, the Elimination Period.

HOME CARE BENEFIT

THE BENEFIT

We will pay for expenses You incur for care and support services defined below that, other than Hospice Care, are received while You are living at Home, and are provided by someone who normally does not reside in Your Home.

DEFINITIONS

- > **Nurse and Therapist Services:** These are health care services provided in Your Home by a Nurse, or a licensed physical, occupational, respiratory or speech therapist.
- > **Services from Other Care Providers:** These are Home Health Aide and Personal Care Attendant Services, Homemaker Services, and Chore Services (as defined below) that:
 - A person provides in Your Home because they are necessary to enable You to continue to stay independent and safe at Home; and
 - Are necessary because You alone are not able to perform them due to Your being a Chronically Ill Individual; and
 - Are consistent with the needs addressed in Your Plan of Care.Providers of these services can be independent of or affiliated with a home health agency or home maker health aide agency.

Home Health Aide and Personal Care Attendant Services: This is assistance with: simple health care tasks; personal hygiene; managing medications; and help in performing Activities of Daily Living.

Homemaker Services: This is assistance with one or more of the following tasks: meal planning and preparation; doing laundry; and light house cleaning (such as: vacuuming, dry mopping, dishwashing, cleaning the kitchen or bath, and changing soiled bedding).

Chore Services: This is assistance with the following light work activities: minor household repairs related to Your safety at Home (such as to handrails and safety rails, stairs, or floors); taking out the garbage; and simple cleaning tasks to remove unsafe debris or dirt in Your Home. Chore Services do not include any type of: residential upkeep, construction, renovation or routine home preservation (such as painting); lawn or yard care; snow removal; vehicle or equipment maintenance; or similar tasks.

- > **Community Care:** This is Adult Day Care and Hospice Care as defined below.

Adult Day Care: This is a program of social and health-related services provided during the day in a community group setting for the purpose of supporting frail, impaired elderly or other disabled adults who can benefit from care in a group setting outside Your Home.

Hospice Care: This consists of services (not including prescription drugs) that are designed to provide palliative care to You or to alleviate Your physical, emotional and spiritual discomforts because You are experiencing the last phases of life due to a terminal disease (has a life expectancy of 6 months or less to live as established by a physician). Hospice Care can be provided in Your Home, or in a separate facility that is licensed or certified to provide Hospice Care by the State in which it is located.

PAYMENT LIMITATIONS

Payment of this Benefit is subject to: the Lifetime Maximum; the Elimination Period requirements; and the payment limits determined from the Schedule for this Benefit. No payment will be made under this Benefit for any period for which You are receiving Nursing Facility Benefits, Assisted Care Facility Benefits, or Bed Reservation Benefits. When You use a Privileged Care Coordinator's Plan of Care, We will both: pay this Home Care Benefit without an Elimination Period; and count days of Covered Care under this Benefit toward satisfying the Elimination Period.

RESPITE CARE BENEFIT

THE BENEFIT

When You receive Respite Care We will pay benefits under the Nursing Facility Benefit, the Assisted Care Facility Benefit and the Home Care Benefit, without requiring You to satisfy the Elimination Period. Respite Care can be received in Your Home, or during a temporary stay in a Nursing Facility or Assisted Care Facility.

DEFINITION

Respite Care is short-term care that is provided to You in order to relieve the person who normally provides You with informal (unpaid) care in Your Home. The Respite Care must be stated in, and furnished in accordance with, Your Plan of Care.

PAYMENT LIMITATIONS

Payment of this Benefit is subject to: the Lifetime Maximum; and the payment limits determined from the Schedule for this Benefit.

Payment of this Benefit is not subject to, and days of Covered Care under it cannot be used to satisfy, the Elimination Period.

CAREGIVER TRAINING BENEFIT

THE BENEFIT

We will pay for expenses You incur for training an informal (unpaid) caregiver to care for You in Your Home. All the following conditions apply to this Benefit:

- > We will not pay to train someone who will be paid to care for You.
- > The training can be received while You are confined in a hospital, Nursing Facility, or Assisted Care Facility only if it is reasonably expected that the training will make it possible for You to go Home where You can be cared for by the person receiving the training.

PAYMENT LIMITATIONS

Payment of this Benefit is subject to: the Lifetime Maximum. Your Benefits cease when an amount equal to 20% of Your then current Monthly Maximum becomes payable under this benefit.

Payment of this Benefit is not subject to, and days of Covered Care under it cannot be used to satisfy, the Elimination Period.

EQUIPMENT BENEFIT

THE BENEFIT

We will pay for expenses, including installation fees, labor and related costs, You incur for the purchase or rental of Supportive Equipment if:

- > The equipment is intended to assist You in living at Home by reducing Your need for direct physical assistance; and
- > Your Plan of Care states that it is expected that the equipment will enable You to remain at Home for at least 90 days after the date of purchase or first rental.

DEFINITION

Supportive Equipment includes items such as the following:

- > Pumps and other devices for intravenous injection;
- > Ramps to permit movement from one level of a residence to another;
- > Grab bars to assist in toileting, bathing or showering; and
- > Stair lifts for going between levels of Your Home.

Supportive Equipment does not include either:

- > Equipment that will, other than incidentally, increase the value of the residence in which it is installed; or
- > Artificial limbs, teeth, medical supplies, or equipment placed in Your body, temporarily or permanently.

PAYMENT LIMITATIONS

Payment of this Benefit is subject to: the Lifetime Maximum. Your benefits cease when an amount equal to 2 times Your then current Monthly Maximum becomes payable under this Benefit.

Payment of this Benefit is not subject to, and days of Covered Care under it cannot be used to satisfy, the Elimination Period.

NURSING FACILITY BENEFIT

THE BENEFIT

We will pay for expenses You incur for care and support services (including room and board, but not prescription drugs) provided by a Nursing Facility while You are confined there as a resident inpatient.

This includes expenses for: private duty nursing care provided by a Nurse who is not employed by the facility; and all levels of care (including skilled, intermediate and custodial care) provided by the Nursing Facility. The expenses must be consistent with the level of charges normally made for other residents inpatients who are not on Medicaid and who are receiving similar care in that facility.

DEFINITION

A *Nursing Facility* is a facility, not excluded below, that is engaged primarily in providing continual (24 hours-a-day, every day) nursing care to all of its residents or inpatients in accordance with the authority granted by a license issued by the federal government or the State in which it is located. Such nursing care must be performed by or under the direct supervision of a Nurse; the facility must employ at least one full-time Nurse; and a Nurse must be on duty or on call in the facility at all times.

If a facility has multiple licenses or purposes, a separate portion, ward, wing or unit thereof can qualify as a Nursing Facility only if that portion, ward, wing or unit is engaged primarily in providing such nursing care in accordance with the authority granted by its license.

Excluded Places: The definition of a Nursing Facility does NOT include any of the following:

- > A hospital or clinic.
- > A sub-acute care or rehabilitation hospital or unit.
- > A place that operates primarily for the treatment of alcoholism, drug addiction, or mental illness.
- > An Assisted Care Facility.
- > Your Home or place of residence in an area used principally for independent residential living (including, but not limited to, hotels, motels, retirement homes, boarding homes and adult foster care facilities).
- > A substantially similar adult residence establishment or environment.

PAYMENT LIMITATIONS

Payment of this Benefit is subject to: the Lifetime Maximum; the Elimination Period; and the payment limits determined from the Schedule for this Benefit.

ASSISTED CARE FACILITY BENEFIT

THE BENEFIT

We will pay for expenses You incur for care and support services (including room and board, but not prescription drugs) provided by an Assisted Care Facility while You are confined there as a resident inpatient. The expenses must be consistent with the level of charges normally made for other resident inpatients who are not on Medicaid and who are receiving similar care in that facility.

DEFINITION

An *Assisted Care Facility* is a facility, not excluded below, that satisfies the Conditions below and is engaged primarily in providing continual (24 hours-a-day, every day) assistance and supervision to at least 3 (10 if located outside of the State of Connecticut) resident inpatients due to their inability to perform Activities of Daily Living or Severe Cognitive Impairment.

Conditions: To satisfy this definition, such facility (e.g., assisted care, assisted living, or Alzheimer's dementia care facility) must at all times:

- > Provide such care and services under a license, certificate, or substantially similar permit and oversight from the federal government or the State in which it is located;
- OR**
- > Provide such care and services in accordance with all applicable laws, and continuously meet all of the following requirements:
 - It maintains records for all care and services provided to each resident inpatient;
 - It has an awake employee on duty in the facility who is trained and ready to provide its resident inpatients with scheduled and unscheduled care and services sufficient to support needs resulting from inability to perform Activities of Daily Living or Severe Cognitive Impairment;
 - It has an awake employee who is aware of the whereabouts of the resident inpatients;
 - It provides, at a minimum, assistance with Bathing and Dressing;
 - It makes available 3 meals a day and accommodates special dietary needs;
 - It has formal arrangements with a duly licensed physician or Nurse to furnish medical care and services in case of an emergency; and
 - It has the appropriate methods and procedures to provide necessary assistance to residents in managing prescribed medications.

Excluded Places: An Assisted Care Facility is NOT any of the following:

- > A hospital or clinic.
- > A Nursing Facility.
- > A sub-acute care or rehabilitation hospital or unit.
- > A place that operates primarily for the treatment of alcoholism, drug addiction, or mental illness.
- > Your Home or place of residence in an area used principally for independent residential living (including, but not limited to, hotels, motels, retirement homes, boarding homes and adult foster care facilities).
- > A substantially similar adult residence establishment or environment.

If a facility has multiple licenses, certifications, purposes, or locations, a separate portion, ward, wing, unit or location thereof can qualify as an Assisted Care Facility only if it is engaged primarily in providing care that satisfies the above definition.

PAYMENT LIMITATIONS

Payment of this Benefit is subject to: the Lifetime Maximum; the Elimination Period; and the payment limits determined from the Schedule for this Benefit.

BED RESERVATION BENEFIT

THE BENEFIT

We will continue to pay benefits, or give Elimination Period credit, under the Nursing Facility Benefit and the Assisted Care Facility Benefit while You:

- > Are temporarily absent during a stay in a Nursing Facility or Assisted Care Facility; and
- > Are charged to reserve Your accommodations in that facility.

The temporary absence can be for any reason. This includes, but is not limited to, a hospital stay, or spending holidays or other time with Your family.

PAYMENT LIMITATIONS

This Benefit is subject to the Lifetime Maximum and will apply to no more than the number of days (continuous or not) determined from the Schedule for this Benefit.

ALTERNATIVE CARE BENEFIT

For expenses not otherwise covered. Prior approval by Us is required.

THE BENEFIT

We will pay for expenses You incur for care, treatment, services, supplies or other items not specifically covered by another Benefit of this Policy when all of the following conditions are met:

- > They are clearly specified in Your Plan of Care.
- > You, Your personal physician and We mutually agree that they are cost-effective alternatives to Benefits specifically available under this Policy.
- > They are for qualified long term care services as defined in Section 7702B(c) of the Internal Revenue Code.
- > They are incurred while such mutual agreement is in effect.
- > They are incurred while Your insurance is in force under this Policy.

Agreement to use these alternatives will not waive any of the rights You or We have under this Policy. The agreement may be discontinued at any time without affecting Your right to the Benefits otherwise available under this Policy.

Examples include, but are not limited to:

- > In-Home safety devices.
- > Community-based services that provide meals in the Home for disabled individuals (such as Meals on Wheels).
- > Equipment in Your Home that is not covered under the Equipment Benefit.
- > Rental or lease of emergency medical response devices.
- > Other services designed to help You remain at Home.

PAYMENT LIMITATIONS

The agreement will state how payment is affected by the Elimination Period. It will also state any time and payment maximums. Payment of this Benefit is also subject to: the Lifetime Maximum; and all other provisions and conditions of this Policy.

WAIVER OF PREMIUM BENEFIT

THE BENEFIT

We will waive the premium payments for each coverage month that begins during a period for which benefits are paid or payable under:

- > The Nursing Facility Benefit;
- > The Assisted Care Facility Benefit; or
- > The Home Care Benefit.

This waiver applies to the entire premium for this Policy and all attachments.

PAYMENT LIMITATIONS

This Benefit stops when You cease to receive Covered Care during any period for which benefits are paid under the Nursing Facility Benefit, the Assisted Care Facility Benefit, or the Home Care Benefit. When this Benefit stops, We will give credit for any premium paid for periods during which the waiver applied, against future premiums when due. You will then be required: to pay the remaining premiums due in accordance with this Policy's previous premium payment mode; and to continue to make future premium payments as they become due.

SURVIVORSHIP BENEFIT

THE BENEFIT

If a couple have been insured under this Policy, or separate policies issued by Us, for at least 10 years when one of them dies, no further premium payments will be required for this Policy if:

- > The survivor is insured under this Policy; and
- > Both persons continuously had long term care insurance coverage in force with Us, other than under a Nonforfeiture Benefit, on the date of the deceased person's death and for at least the prior 10 year period; and
- > Both persons were a couple with coverage that included a similar Survivorship Benefit for the entire period of concurrent coverage; and
- > No long term care benefits were paid or payable by Us for either person for the first 10 years of such concurrent Survivorship Benefit coverage; and
- > We receive due written proof of such death.

This waiver applies to the premium for this Policy and all attached riders in force on the date of such death.

EXCLUSIONS AND LIMITATIONS

EXCLUSIONS

No payment will be made for any expenses incurred for any room and board, care, treatment, services, equipment or other items:

- > Provided by a Family Member, unless: (1) the Family Member is a regular employee of the organization that is providing the services; and (2) such organization receives payment for the services; and (3) the Family Member receives no compensation other than the normal compensation for employees in her or his job category.
- > Provided outside of the United States of America, its territories and possessions.
- > Provided by or in a federal government facility, unless a valid charge is made for which You are obligated to pay.
- > Resulting, from war or act of war, whether declared or not.
- > Resulting from attempted suicide or an intentionally self-inflicted injury.
- > Resulting from Your alcoholism or addiction to drugs or narcotics; but not addiction that results from the administration of those substances in accordance with the advice and written instructions of a duly licensed physician.

Note: We will pay benefits for mental illness and Alzheimer's disease, subject to the same exclusions, limitations and provisions otherwise applicable to other Covered Care under this Policy.

NON-DUPLICATION

Benefits will be paid only for expenses for Covered Care that are in excess of the amount paid or payable under Medicare (including amounts that would be reimbursable but for the application of a deductible or coinsurance amount) and any other federal, state or other governmental health care program or law (except Medicaid). However, this Non-Duplication provision will not disqualify an expense for Covered Care from being used to satisfy the Elimination Period.

CLAIMS PROVISIONS

Let Us know once it appears You may be a Chronically Ill Individual, and then follow these procedures.

YOUR ROLE IN THE CLAIMS PROCESS

Early awareness by Our Claims Department will facilitate a timely claim review. You can help Us greatly in the claims process and at the same time begin early planning of Your Covered Care, by contacting Us as soon as it appears You may be a Chronically Ill Individual.

Let Us know if You choose to use the services of a Privileged Care Coordinator. When You do that We will make arrangements for a coordinator to contact You immediately and begin providing You with Privileged Care Coordination Services. Of course, Your Representative can also contact Us.

ASSISTANCE IN COMPLETING CLAIM FORMS

You may call Us if You need any type of assistance during any phase of the claim process. Our toll free number is listed on Your ID card. When You use a Privileged Care Coordinator, We will work with that person to ensure that We understand Your condition, the prescribed Plan of Care, and any care and support services received.

TELLING US ABOUT A CLAIM

Notice of Claim: We must be notified when You have a claim. The notice can be given to Us at Our Administrative Office or to Our agent. It must be received within 30 days of the date the covered loss starts, or as soon as reasonably possible. Include in the notice at least: Your name; the Policy Number (as shown in the Schedule); and an address to which the claim forms should be sent.

Claim Forms: When We get notice of claim We will send out the necessary forms to be used to file proof of loss.

The forms will tell You how to complete them and where to send them. Read them carefully. Answer all questions and send all required information to the address on the forms. This will assist Us in the evaluation of the claim so that We can determine the benefits for which You are eligible.

If You or Your Representative do not get the necessary claim forms from Us within 15 days, proof of loss can be filed without them by sending Us a letter which describes the occurrence, the character and the extent of the loss for which Your claim is made. That letter must be sent to Us at Our Administrative Office within the time period stated in the next paragraph.

Proofs of Loss: When this Policy provides for payment for continuing loss, written proof of the loss must be given to Us within 90 days after the end of each monthly period for which benefits may be payable. For any other loss, written proof must be given to Us within 90 days after such loss. If it was not reasonably possible to give Us written proof in the time required, We shall not reduce or deny a claim for being late if the proof is filed as soon as reasonably possible. Unless the claimant is not legally capable, the required proof must always be given to Us no later than 1 year from the time specified.

OUR EVALUATION CRITERIA; AND THE CLAIMS PAYMENT PROCESS

How We Evaluate Claims: We will obtain information about You by working with You and Your personal physician. We will also consult with any Licensed Health Care Practitioners, agencies and other care providers You used. We will then review that information to determine eligibility for benefits. We reserve the right, as part of the review and at Our expense, to do an assessment or a physical examination of You. Similar reviews may be required, at reasonable intervals, (but no more frequently than every 90 days) to determine eligibility for continued benefits. We may use outside services to assist in evaluating Your condition.

On an on-going basis, We must receive updates to Your Plan of Care and Current Eligibility Certifications. We will also need a copy of Your Medicare Explanation(s) of Benefits (or similar form for other plans and programs subject to the Non-Duplication provision) to determine which expenses (if any) are excluded from coverage.

Physical Examinations: At Our expense, We have the right to require a medical examination when a claim is made and at reasonable intervals but no more frequently than every 90 days, while continued benefits are being claimed.

Time of Payment of Claim: After We receive the proper written proof of loss, We will pay any benefits then due immediately; and at the end of each monthly period thereafter, when the loss is expected to result in on-going benefits.

Payment of Claims: Benefits will be paid to You. Any benefits unpaid at Your death may be paid to Your estate.

If benefits may be paid to Your estate, We may pay a portion of those benefits, up to \$1,000, directly to someone related to You by blood or marriage who is deemed by Us to be justly entitled to the benefits. We will be discharged to the extent of any such payment made in good faith.

We may pay all or a portion of any benefits for care or services You receive to the provider of the care or services, unless You direct Us to do otherwise in writing by the time proofs of loss are filed. We do not require that a particular provider provide the care or services.

APPEALING A CLAIM DECISION

We will inform You in writing if a claim, or any part of a claim, is denied.

Appeal Process: If You believe that Our decision on a claim is in error You may appeal; and We will reconsider the claim. If You wish to make such an appeal, You must send Us a brief note (no special form needed) that tells Us why You feel We should change Our decision. You may authorize someone else to act for You in this appeal process.

The note should include the names, addresses and phone numbers of any providers You think We should contact to learn more about the health and the care received by the person on whose behalf the claim was made. This would include the physicians, health care professionals and other care providers who treated You; and the facilities from which You received care, treatment, services, equipment or other items.

We will provide You with a written explanation of the reasons for any claim denial and make available all information directly related to that denial within 60 days of the date of any written claims appeal. We will immediately pay any benefits due as a result of Our reconsideration.

Legal Actions: You cannot sue on any claim before 60 days after proof of claim has been given to Us as required by this Policy. You cannot sue after 3 years from the time the written proof of loss is required to be given.

BASIC CONTRACT PROVISIONS

THE CONTRACT

Entire Contract; Changes: The entire contract between You and Us is as stated in this Policy, Your application and any papers We attach. No change in this Policy will be effective until approved by one of Our officers. That approval must be noted on or attached to this Policy. No agent has the authority to change this Policy or waive any of its provisions.

CONTESTING COVERAGE

Incontestability; Time Limit on Certain Defenses: We issued this Policy based on information We were provided. Any incorrect or omitted material information in Your application may cause this Policy to be rescinded (voided) or a claim to be denied.

Misstatements in the Application: If there has been a misrepresentation, We may rescind (void) this Policy or deny an otherwise valid claim:

- > During the first 6 months this Policy is in force, if the misrepresentation was material to the acceptance of You for coverage; and
- > While this Policy has been in force for at least 6 months but less than 2 years, if the misrepresentation is both: material to the acceptance of You for coverage; and pertains to the conditions for which benefits are sought.

After this Policy has been in force for 2 years it will not be contestable; except for non-payment of premiums.

If We pay any benefits under this Policy, the benefit payments will not be recovered by Us in the event this Policy is rescinded.

Pre-Existing Conditions: Except as permitted above, We will not reduce or deny any claim under this Policy because of a sickness or physical or medical condition that existed before this Policy's Effective Date.

OTHER PROVISIONS

Misstatement of Age: If Your age was misstated in the application for this Policy, We will pay the benefits that the premiums paid would have purchased at Your true age. If, based on that true age, this Policy would not have become effective, We will only be liable for the refund of all premiums paid for this Policy.

Governing Jurisdiction; Conformity with Statutes: The laws of the State of Connecticut. Any provision of this Policy which is in conflict with the statutes of such state, is hereby changed to conform with the minimum requirements of those statutes.

Time Periods: All time periods begin and end at 12:01 a.m. at Your residence.

Non-Participating; Dividends Not Payable: This Policy does not participate in Our profits or surplus earnings; has no cash values; and will not pay dividends at any time.

No Cash Values, Borrowing, or Use as Collateral: This Policy does not provide for a cash surrender value, or other money that can be: borrowed; or paid, assigned or pledged as collateral for a loan.

PREMIUM PROVISIONS

PAYING PREMIUMS

Due Dates: The Premium Payment Mode shown in the Schedule states how often premiums are to be paid. After the First Premium, each premium is due at the end of the period for which the prior premium was paid.

We have a limited right to change premiums: Premiums will not change due to a change in Your age or health. We have the right to change Your premium rates subject to the approval of the Connecticut Insurance Department. Any increase or decrease will only be made on a class basis. Premium changes will only be made as of a Policy Anniversary Date. We will give You at least 45 days written notice before We change premiums.

Currency: All payment by or to Us will be in the lawful money of the United States of America. Any foreign exchange rate will be as determined by Us.

Unpaid Premiums: When a claim is paid, any premium due and unpaid will be deducted from the claim payment.

Refund of Premiums Paid Beyond Your Death: If the Policy terminates due to Your death, We will refund the pro rata portion of any premium paid for a period after Your death. The refund will be made within 30 days of Our receipt of written notice of Your death. It will be paid to Your estate.

Limitations on the Refund of Premiums: All refunds of premium or similar amounts under this Policy shall be applied as a reduction in future premiums or to increase future benefits. This does not apply to any refund on: Your death; a complete surrender of this Policy; or cancellation of this Policy.

WHAT HAPPENS WHEN PREMIUMS ARE NOT PAID

Grace Period and Unintentional Lapse Protection: A grace period of 31 days will be granted for the payment of each premium falling due after the first premium, during which grace period this Policy shall continue in force before it lapses.

You have the right to designate someone else to receive notice of lapse or termination of this Policy for nonpayment of premium. Your Policy will not lapse or be terminated for nonpayment of premium unless We, at least 30 days before the effective date of the lapse or termination, have given notice to You and to those persons designated by You for the purposes of receiving notice of lapse or termination. Notice will be given by first class United States mail, postage prepaid; and notice may not be given until 30 days after a premium is due and unpaid. Notice shall be deemed to have been given as of five (5) days after the date of mailing.

Your application shows whom You have designated to receive these notices. At any time You can direct Us, in writing, to change Your designation and send the notices to someone else.

Reinstatement: This Policy will terminate if a renewal premium is not paid on time.

Later acceptance of all past due premiums by Us (or by an agent duly authorized by Us to accept such payment) without requiring an application for reinstatement will reinstate this Policy as of the date of premium acceptance.

If We or Our duly authorized agent require an application for reinstatement, and give You a conditional receipt for the premium, this Policy will be reinstated upon either: Our approval of the application; or, lacking such approval, the 45th day after the date of the conditional receipt, unless We give You prior written notice of Our disapproval of the application.

The reinstated policy will cover only expenses incurred as a result of covered losses that begin after the date of reinstatement. In all other respects Your rights and Our rights will remain the same; subject to any provisions noted on or attached to the policy as reinstated.

Continuation for Lapse due to Alzheimer's Disease and Other Forms of Cognitive or Functional Impairment: We will provide a retroactive continuation of coverage if:

- > This Policy terminates due to non-payment of premiums (lapse); and
- > Within 7 months after termination We are given proof that You met the Eligibility for the Payment of Benefits requirements of this Policy.

We must receive proof of Your impairment or incapacity and all past-due premiums within that 7-month period. Any benefits for which You qualified during the continuation period will be paid to the same extent they would have been paid if this Policy and its riders had remained in force from the date of termination.

SAMPLE

CONTINGENT NONFORFEITURE BENEFIT

This applies only if this Policy lapses after substantial cumulative premium increases.

WHEN THIS BENEFIT APPLIES

We will notify You prior to any change in premium rates for this Policy. Anytime the cumulative amount of all such premium increases equals or exceeds the Triggers Indicating a Substantial Premium Increase shown below We will:

- > Offer to reduce Your Policy benefits, without requiring additional underwriting, so that the required premium payments are not increased; and
- > Offer the option to convert Your coverage, without requiring additional underwriting, to a paid-up status with a shortened benefit period as described below. Such option may be elected at any time during the 120-day period following the due date of the premium increase; and
- > Notify each Insured that a default or lapse at any time during the 120-day period following the due date of the premium increase will be deemed to be the election of the option to convert coverage as described above.

THE SHORTENED BENEFIT PERIOD PLAN

When coverage is converted to a shortened benefit period plan the Policy will continue automatically with a reduced Lifetime Maximum. It will have the same Benefits, Elimination Period and other payment limits that were in effect at the time of lapse or election to convert. These limits will not change thereafter. The amount of Your reduced Lifetime Maximum will be the greater of:

- > The maximum benefit amount applicable, at the time of default or lapse, under the Nursing Facility Benefit for one month (30 days); or
- > 100% of the sum of all premiums actually paid and attributed to You for Your insurance under this Policy and any attached forms, including premiums paid prior to any change in benefits.

It will not be reduced by any benefits paid or payable for expenses incurred prior to the date of lapse.

PAYMENT LIMITATIONS

The total amount payable under this Benefit and the Policy (while it was in force) is limited to the maximum amount that would have been paid if the Policy had remained in premium paying status.

TRIGGERS INDICATING A SUBSTANTIAL PREMIUM INCREASE

<u>Issue Age</u>	<u>Increase Over Initial Premium</u>	<u>Issue Age</u>	<u>Increase Over Initial Premium</u>	<u>Issue Age</u>	<u>Increase Over Initial Premium</u>
Under 30	200%	66	48%	79	22%
30 - 34	190%	67	46%	80	20%
35 - 39	170%	68	44%	81	19%
40 - 44	150%	69	42%	82	18%
45 - 49	130%	70	40%	83	17%
50 - 54	110%	71	38%	84	16%
55 - 59	90%	72	36%	85	15%
60	70%	73	34%	86	14%
61	66%	74	32%	87	13%
62	62%	75	30%	88	12%
63	58%	76	28%	89	11%
64	54%	77	26%	90 & older	10%
65	50%	78	24%		

If this Policy has a Nonforfeiture Benefit, that Benefit will apply whenever this Policy lapses after having been in force for at least 3 years (even if there have been no premium increases).

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Please keep this Policy in a safe place with Your other important documents.

NONFORFEITURE BENEFIT RIDER

This Rider adds the following to the Benefit Provisions of the Policy to which it is attached.

NONFORFEITURE BENEFIT

THE BENEFIT

If the Policy terminates due to default in any premium payment (lapses) after the Policy has been in force for at least 3 years, the Policy will continue automatically with a reduced Lifetime Maximum. It will have the same Benefits, Elimination Period and other payment limits that were in effect at the time of lapse or election to convert. These limits will not change thereafter. The amount of Your reduced Lifetime Maximum will be the greater of:

- > The maximum benefit amount applicable, at the time of default or lapse, under the Nursing Home Benefit for one month (30 days); or
- > 100% of the sum of all premiums actually paid and attributed to You for Your insurance under the Policy and any attached forms, including premiums paid prior to any change in benefits.

It will not be reduced by any benefits paid or payable for expenses incurred prior to the date of lapse.

The Policy will then be in a paid up status; with no further premium payments being required.

PAYMENT LIMITATIONS

The total amount We will pay under this Benefit and the Policy (while it was in force) is limited to the maximum amount that would have been paid if the Policy had remained in premium paying status.

RIDER PROVISIONS

When this Rider is in Force: This Rider has been issued based on Your application and payment of the required premium. It takes effect on the Policy Effective Date. It continues as long as: the Policy is in force; and the required premium has been paid on time.

Premium: The Policy premium shown in the Schedule reflects the cost of this Rider. The same conditions that apply to changing premiums for the Policy apply to changing premiums for this Rider. The premium for this Rider will be waived when the Policy premium is waived.

This Rider forms a part of the Policy to which it is attached.

In all other respects the provisions and conditions of the policy remain the same.

Signed for Genworth Life Insurance Company.

Standard Optional Rider for PRIVILEGED CHOICE.
For training use only. Not for public use or distribution.
Features may differ based on issue State.

RESTORATION OF BENEFITS RIDER

This Rider adds the following to the Benefit Provisions of the Policy to which it is attached.

RESTORATION OF BENEFITS PROVISIONS

THE BENEFIT

Under this Rider We will restore the Policy's Lifetime Maximum to the amount that would have applied if no benefits had been paid under the Policy. Except as limited below, this applies whenever a period of 180 consecutive days elapses during which no Insured required, or received, either:

- > Substantial Assistance from another individual in performing at least two (2) Activities of Daily Living due to a loss of functional capacity; or
- > Substantial Supervision due to Severe Cognitive Impairment.

PAYMENT LIMITATIONS

This restoration will not apply when the Policy is in force under a Nonforfeiture Benefit.

In addition, if the Policy originally covered 2 people who were both Insureds under the Policy on the date of death of one Insured, the restoration will operate to restore only that portion of the Lifetime Maximum that was actually used by the surviving Insured and was not previously restored.

RIDER PROVISIONS

When this Rider is in Force: This Rider has been issued based on Your application and payment of the required premium. It takes effect on the Policy Effective Date. It continues as long as: the Policy is in force; and the required premium has been paid on time.

Premium: The Policy premium shown in the Schedule reflects the cost of this Rider. The same conditions that apply to changing premiums for the Policy apply to changing premiums for this Rider. The premium for this Rider will be waived when the Policy premium is waived.

This Rider forms a part of the Policy to which it is attached.

In all other respects the provisions and conditions of the policy remain the same.

Signed for Genworth Life Insurance Company.

<p>Standard Optional Rider for PRIVILEGED CHOICE. <i>For training use only. Not for public use or distribution.</i> Features may differ based on issue State.</p>
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ENHANCED SURVIVORSHIP BENEFIT RIDER

This Rider adds the following to the Benefit Provisions of the Policy to which it is attached.

ENHANCED SURVIVORSHIP BENEFIT

THE BENEFIT

If a couple have been insured under this Policy, or separate policies issued by Us, for at least 7 years when one of them dies, no further premium payments will be required for this Policy if:

- > The survivor is insured under this Policy; and
- > Both persons continuously had long term care insurance coverage in force with Us, other than under a Nonforfeiture Benefit, on the date of the deceased person's death and for at least the prior 7 year period; and
- > Both persons were a couple with coverage that included a similar Enhanced Survivorship Benefit for the entire period of concurrent coverage; and
- > We receive due written proof of such death.

This waiver applies to the premium for this Policy and all attached riders in force on the date of such death.

PAYMENT LIMITATIONS

This Benefit is in lieu of any Survivorship Benefit under the Policy.

RIDER PROVISIONS

When this Rider is in Force: This Rider has been issued based on Your application and payment of the required premium. It takes effect on the Policy Effective Date. It continues as long as: the Policy is in force; and the required premium has been paid on time.

Premium: The Policy premium shown in the Schedule reflects the cost of this Rider. The same conditions that apply to changing premiums for the Policy apply to changing premiums for this Rider. The premium for this Rider will be waived when the Policy premium is waived.

This Rider forms a part of the Policy to which it is attached.

In all other respects the provisions and conditions of the policy remain the same.

Signed for Genworth Life Insurance Company.

<p>Standard Optional Rider for PRIVILEGED CHOICE. <i>For training use only. Not for public use or distribution.</i> Features may differ based on issue State.</p>
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RETURN OF PREMIUM UPON DEATH AFTER 10 YEARS RIDER

This Rider adds the following to the Benefit Provisions of the Policy to which it is attached.

Note Regarding Tax Law: This benefit may have tax implications for Your estate or designated beneficiary. You may wish to consult a qualified tax professional.

RETURN OF PREMIUM UPON DEATH AFTER 10 YEARS BENEFIT

THE BENEFIT

This benefit provides a full refund of premium in the event You die:

- > While the Policy and this Rider are in force; and
- > After this Rider has been in force for at least 10 consecutive years.

The *Return of Premium Benefit Amount* will be equal to the premium actually paid (and not waived or refunded) for the Policy and all attached Riders, less the sum of all claims paid and payable for the Policy and all attached Riders.

This benefit will be paid to Your designated beneficiary. If no beneficiary is named or none survives You, this benefit will be paid to Your estate.

Beneficiary Designations: Unless You have named an irrevocable beneficiary, You have the right to name and change a beneficiary at any time by written request. It will take effect when received by Us or on the date You specify if later. The consent of any beneficiary will not be required for surrender or assignment of the Policy, change of beneficiary, or any other change.

PAYMENT LIMITATIONS

We must receive written proof of Your death within one year of Your death. No payment will be made under this Rider if the amount of claims paid and payable exceeds the sum of premium actually paid. After benefits are paid under this Rider, payment for subsequent claims will be reduced by the amount paid under this Rider.

When benefits are paid under this Rider, there will be no return of premium under the Refund of Premiums Paid Beyond Your Death provision of the Policy.

RIDER PROVISIONS

When this Rider is in Force: This Rider has been issued based on Your application and payment of the required premium. It takes effect on the Policy Effective Date and continues until it terminates.

When this Rider Terminates: This Rider terminates on the earliest of:

- > The end of the period for which Rider premium has been paid, subject to the Grace Period and Unintentional Lapse Protection provision of the Policy;
- > The date this Rider is terminated based on Your written request;
- > The date the Policy terminates; or
- > The date the Policy is converted to paid-up status in accordance with the Contingent Nonforfeiture Benefit, or any other Nonforfeiture Benefit.

Termination of the Policy shall not prejudice a claim resulting from death, which occurs while the Policy and this Rider are in force.

Premium: The Policy premium shown in the Schedule reflects the cost of this Rider. The same conditions that apply to changing premiums for the Policy apply to changing premiums for this Rider. The premium for this Rider will be waived when the Policy premium is waived.

This Rider forms a part of the Policy to which it is attached.

In all other respects the provisions and conditions of the Policy remain the same.

Signed for Genworth Life Insurance Company.

Connecticut Optional Rider for PRIVILEGED CHOICE.
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SAMPLE

GRADED RETURN OF PREMIUM UPON DEATH RIDER

This Rider adds the following to the Benefit Provisions of the Policy to which it is attached.

Note Regarding Tax Law: This benefit may have tax implications for Your estate or designated beneficiary. You may wish to consult a qualified tax professional.

GRADED RETURN OF PREMIUM UPON DEATH BENEFIT

THE BENEFIT

This benefit provides a full or partial return of premium in the event You die:

- > While the Policy and this Rider are in force; and
- > Before the Policy Anniversary Date on which You are 75 years of age.

The *Return of Premium Benefit Amount* will be equal to the Covered Percent of premium actually paid (and not waived or refunded) for the Policy and all attached Riders, less the sum of all claims paid and payable for the Policy and all attached Riders.

The Covered Percent of premium depends on Your age in years on the Policy Anniversary coinciding with or immediately preceding Your death as shown below:

<u>Age at Death</u>	<u>Covered Percent</u>
65 or younger	100%
66	90%
67	80%
68	70%
69	60%
70	50%
71	40%
72	30%
73	20%
74	10%
75 or older	0%

This benefit will be paid to Your designated beneficiary. If no beneficiary is named or none survives You, this benefit will be paid to Your estate.

Beneficiary Designations: Unless You have named an irrevocable beneficiary, You have the right to name and change a beneficiary at any time by written request. It will take effect when received by Us or on the date You specify if later. The consent of any beneficiary will not be required for surrender or assignment of the Policy, change of beneficiary, or any other change.

PAYMENT LIMITATIONS

We must receive written proof of Your death within one year of Your death. No payment will be made under this Rider if the amount of claims paid and payable exceeds the sum of premium actually paid. After benefits are paid under this Rider, payment for subsequent claims will be reduced by the amount paid under this Rider.

When benefits are paid under this Rider, there will be no return of premium under the Refund of Premiums Paid Beyond Your Death provision of the Policy.

RIDER PROVISIONS

When this Rider is in Force: This Rider has been issued based on Your application and payment of the required premium. It takes effect on the Policy Effective Date and continues until it terminates.

When this Rider Terminates: This Rider terminates on the earliest of:

- > The end of the period for which Rider premium has been paid, subject to the Grace Period and Unintentional Lapse Protection provision of the Policy;
- > The date this Rider is terminated based on Your written request;
- > The date the Policy terminates;
- > The date the Policy is converted to paid-up status in accordance with the Contingent Nonforfeiture Benefit, or any other Nonforfeiture Benefit; or
- > The Policy Anniversary Date coinciding with or next following the date You reach 75 years of age.

Termination of the Policy shall not prejudice a claim resulting from death, which occurs while the Policy and this Rider are in force.

Premium: The Policy premium shown in the Schedule reflects the cost of this Rider. The same conditions that apply to changing premiums for the Policy apply to changing premiums for this Rider. The premium for this Rider will be waived when the Policy premium is waived.

This Rider forms a part of the Policy to which it is attached.

In all other respects the provisions and conditions of the Policy remain the same.

Signed for Genworth Life Insurance Company.

<p style="text-align: center;">Connecticut Optional Rider for PRIVILEGED CHOICE. <i>For training use only. Not for public use or distribution.</i> Features may differ based on issue State.</p>
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